

# Caribbean Vegetarian Feast!

Proceeds from the Caribbean Vegetarian Feast will go to support the Harriet Tubman Free School (see below), which is set to enter its second year in operation after a highly successful inaugural year!

**When?** Noon-1pm (or until the food is gone!)

**Where?** Kellas Hall Lounge (first floor), Russell Sage College, Troy, NY

**How Much?** \$10-20 Sliding Scale

**Contact:** Victorio Reyes (518-322-6849) or Isaac Graves (412-445-3235)

**Menu:**

## **Pepper Tofu**

*(Fried tofu served in a spicy pepper sauce)*

## **Callaloo**

*(West Indian green reminiscent of spinach and collards, sautéed with peppers and onions and a medley of spices)*

## **Rice and Peas**

*(Rice and pigeon peas cooked with vegetables and coconut milk)*

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*The Harriet Tubman Free School is the high school program of The Free School of Albany, founded in 1969. We are a democratic, non-coercive learning community built upon principles of autonomy, respect, and personal responsibility. Students of the Harriet Tubman Free School take full responsibility for their own education and for the school community. Harriet Tubman students engage in real world learning in pursuit of the lives they imagine.*

*In keeping with Harriet Tubman's remarkable example of courage in the face of oppression, the Harriet Tubman Free School maintains a commitment to resist societal oppression in all of its forms, including racism, sexism, classism, ageism, and environmental destruction.*

*Harriet Tubman Free School responds to the growing need of teens for independent, community-based learning. We operate the only democratic educational institution for teens in the Capital District. Harriet Tubman Free School offers a full time day school option centered on student-designed projects, community internships, and portfolio building. Homeschooling students and teens that have dropped out of high school may also enroll on a part time basis to take advantage of our mentorship, courses, and standardized test preparation.*

Visit [www.tubmanfreeschool.org](http://www.tubmanfreeschool.org) for more information!